



BenefitsPal™

# 5 Tips to Lower Healthcare Costs For Employers

## 2 Increase productivity by reducing absenteeism.

FACT

Medical absenteeism costs businesses **\$100 Billion** in lost productivity each year.<sup>1</sup>

With telehealth, employees can get quality care anytime, anywhere in the U.S.

## 1 Reduce insurance claims by avoiding unnecessary doctor, urgent care and ER visits.

FACT

A national retailer recently saved **\$1,289,359 in 24 months** by offering telehealth to employees.<sup>5</sup>

Telehealth offers 24/7 access to physicians by phone or video consult who can diagnose illnesses, recommend treatment, and even call in a prescription when necessary.

## 3 Mitigate rising deductibles with benefits that save employees money on out-of-pocket healthcare expenses.

FACT

Employees pay an average of **\$3,600 in out-of-pocket** healthcare costs each year.<sup>2</sup>

Enhance your compensation package with non-insured benefit offerings.

1. Teladoc Overview PDF. Page 3.

[http://www.teladoc.com/wp-content/themes/teladoc\\_theme/static\\_content/Emp-Union-Teladoc-Overview.pdf](http://www.teladoc.com/wp-content/themes/teladoc_theme/static_content/Emp-Union-Teladoc-Overview.pdf)  
2. 2013 Milliman Index. [http://insight.milliman.com/article.php?cntid=8359&utm\\_source=milliman&utm\\_medium=web&utm\\_content=MMI-mktg&utm\\_campaign=Healthcare&utm\\_terms=Milliman+Medical+Index](http://insight.milliman.com/article.php?cntid=8359&utm_source=milliman&utm_medium=web&utm_content=MMI-mktg&utm_campaign=Healthcare&utm_terms=Milliman+Medical+Index)

5. Teladoc Case Study – Rent a Center. <http://www.teladoc.com/employers/resource/case-study-rent-a-center/>



# For Employers

**4** Enhance employee recruitment, retention and morale by adding value to your benefits plan.

**FACT** **58% of employees** report workplace benefits to be an important driver of retention and loyalty.<sup>3</sup>

Strengthen your workforce and stay competitive in the employee marketplace by offering benefits that provide a complete solution for today's changing healthcare industry.

**5** Make sure you're getting the most out of your benefits plan.

**FACT** Many employees report being unsure of **how to use their benefits plan effectively.** As a result, **employers don't receive the full value of their investment.**<sup>4</sup>

Help your employees make the most out of their benefits plans by providing resources to help them navigate the complex healthcare industry and negotiate directly with doctors, hospitals and dentists.

## Contact info

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**[employers.benefitspal.com](http://employers.benefitspal.com)**

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Telehealth operates subject to state regulation and may not be available in certain states.

Consults are not available outside of the U.S.

<sup>3</sup>. Healthcare Cost and Utilization Project. <http://www.hcup-us.ahrq.gov/reports/statbriefs/sb146.pdf>

<sup>4</sup>. DentalPlans.com Sample Savings for Aetna Dental Access. <http://www.dentalplans.com/dentalplans/aetnadentalaccess>